



Supportive Services and Treatment for Accessible Recovery – Together (START) for Pregnant and Postpartum Persons and Their Families

Scope of Services and Deliverables

Applications Due: May 31, 2024

TABLE OF CONTENTS

A.5. SCOPE OF SERVICES	2
Task 1. Fulfill Award Administration Requirements.....	2
Task 2. Conduct Needs Assessment	2
Task 3. Develop Program and Workforce.....	2
Task 4. Engage Participants in Medical and Behavioral Health Care	3
Task 4a. (Optional) Deliver Medical and Behavioral Health Care Services	3
Task 5. Provide or Link to Supportive Services.....	4
Task 6. Participate in Learning Collaborative	4
A.6. DELIVERABLES AND PERFORMANCE MEASURES.....	5

About this document

This document is a portion of the Supportive Services and Treatment for Accessible Recovery – Together (START) for Pregnant and Postpartum Persons and Their Families Notice of Funding Opportunity (NOFO), which sets forth application requirements for applicants to establish or expand comprehensive, holistic services to support pregnant and postpartum people with opioid use disorder and other substance use disorders (OUD/SUD), their families, including small children, and infants with Neonatal Opioid Withdrawal Syndrome (NOWS).

All application materials are available on the [START Overview page](#) at the [Illinois Opioid Settlements website](#).

A.5. Scope of Services

START subrecipients will establish or expand comprehensive, holistic services to support pregnant and postpartum people with opioid use disorder and other substance use disorders (OUD/SUD), their families, including small children, and infants with Neonatal Opioid Withdrawal Syndrome (NOWS). These services should be available for up to 12 months after birth and should address social determinants of health (SDOH), access to treatment, and recovery support services.

Task 1. Fulfill Award Administration Requirements

The subrecipient must fulfill obligations outlined in Section G of the NOFO, including planning, reporting, data collection, and participating in technical assistance (TA).

Task 2. Conduct Needs Assessment

The subrecipient must conduct a needs assessment to identify the types and levels of treatment, recovery support services, and comprehensive wraparound services that are available to the population of focus, and the areas of unmet need. The needs assessment should evaluate health disparities and the related social and economic inequities that impact access to and need for services. Within 90 days of award, the subrecipient must submit a written needs assessment report.

Task 3. Develop Program and Workforce

The subrecipient must establish and staff multidisciplinary teams including community outreach workers, peer support workers, and doulas. The composition of the teams must be designed to meet the complex needs of pregnant and postpartum people and their families, including engagement, retention, and addressing challenges accessing services.

The subrecipient should strive to hire and train staff who reflect the diversity of the population receiving services. Inclusion of management staff is dictated by the size and scope of the program. Many variables will impact the number of FTE to be hired. Up to .1 FTE of management time may be included per 1 FTE staff. However, staffing should be justified in your application and budget narrative. Teams shall be staffed within 90 days of award.

The subrecipient must help expand the peer support worker and doula workforce, including the following:

- (a) Support peer support workers who are not currently certified in obtaining [Certified Recovery Support Specialist \(CRSS\)](#), [Certified Peer Recovery Specialist \(CPRS\)](#), and/or [Certified Veteran Support Specialist \(CVSS\)](#) credentials, including payment of costs.
- (b) Support doulas in the [certification process](#), including payment of costs.
- (c) Provide technology options to provide recovery support services via phone or video.
- (d) Provide peer support workers access (in person or through technology) to clinicians (e.g., LCSWs, LCPs, or physicians) for case consultation, crisis intervention, specialized resources, and support.
- (e) Pay peer support workers and doulas living wages and provide typical benefits, such as paid time off; medical, dental, and vision insurance; and retirement contributions.
- (f) Train staff on Mental Health First Aid, Motivational Interviewing, domestic violence, home visiting, and trauma-informed care during the onboarding process.



Task 4. Engage Participants in Medical and Behavioral Health Care

The subrecipient must engage the population of focus, using Motivational Interviewing (or similar techniques) and warm handoffs, in the following services:

- (a) Primary medical care, including referral for prenatal care and, while the pregnant person is receiving such services, childcare.
- (b) Primary pediatric care, including immunizations, for their children.
- (c) Gender-specific substance use treatment and other therapeutic interventions for women which may address issues of relationships, sexual and physical abuse, and parenting, and childcare while women are receiving such services.
- (d) Therapeutic interventions for children in the custody of women in treatment which may, among other things, address their developmental needs, their issues of sexual and physical abuse, and neglect.
- (e) Sufficient case management and transportation to ensure that pregnant persons and their children have access to the services provided by items 1-4.

If the subrecipient already provides any of the above services using other funds, it must continue to do so and may not supplant existing funding. To the extent that any of these services are unavailable in the community, they may be provided as described in Optional Task 4 below.

Task 4a. (Optional) Deliver Medical and Behavioral Health Care Services

If the needs assessment demonstrates that the services detailed in Task 4 are inaccessible for the target population, up to 20 percent of the award may be expended to supply such services to the extent that such an expenditure would not supplant existing federal or state funding, would comply with applicable service regulations, and address the OUD/SUD.

Before allocating or spending any funds for these purposes, the subrecipient must submit the needs assessment and revised budget (Task 2). The subrecipient may not expend funds in any circumstance in which other forms of reimbursement are available.

When providing SUD treatment, the subrecipient should:

- Consider positive and negative familial and partner influences and relationships
- Promote a safe and caring treatment environment
- Consider the whole person, including family and parenting responsibilities
- Include screening and assessment for trauma history
- Identify and address co-occurring substance use and mental disorders, such as mood, anxiety, and eating disorders
- Incorporate medications (methadone or buprenorphine) according to current clinical guidance of the American College of Obstetrics and Gynecology (for pregnant persons) or SAMHSA
- Recognize cultural expectations to help improve engagement and retention



Task 5. Provide or Link to Supportive Services

The subrecipient must provide, or establish linkages to, the following services:

- (a) Case management to assist in establishing eligibility for public assistance programs
- (b) Employment and training programs
- (c) Education and special education programs
- (d) Housing for pregnant people and their children
- (e) Prenatal care and other healthcare services (including screening for pregnancy)
- (f) Therapeutic day care for children, Head Start, and other early childhood programs
- (g) Transportation needed to accommodate the seven required services listed above

Programs providing these services must treat the family as a unit; be strength-based; follow a multi-disciplinary approach; be trauma-informed; be culturally responsive; use a self-in-relation model; and ensure all staff have continued, focused training in areas such as domestic violence and/or intimate partner violence that meet the needs of the population of focus.

Task 6. Participate in Learning Collaborative

The subrecipient must participate in a learning collaborative to support the systems integration of SUD and co-occurring disorder treatment and recovery, maternal-child health, and early childhood development.

A.6. Deliverables and Performance Measures

The following table details (a) the deliverables required according to the scope of services and (b) associated performance measures, standards, and potential metrics (subject to change) to be collected by task. Time periods, unless otherwise indicated, refer to the days from the beginning of the period of performance and may be revised based upon project plans submitted by awardee.

Deliverables and Performance Measures Table

Performance Measures	Standards	Metrics
Task 1. Award administration requirements		
(a) Complete organizational TA needs assessment survey	100%	TA needs assessment survey completed (30 days after distribution)
(b) Complete implementation and sustainability plan	100%	Implementation and sustainability plan created (60 days) # milestones achieved (reported monthly) Sustainability plan updated (Submitted with final monthly reports)
(c) Implement equity and racial justice plan	100%	Organizational assessment completed (90 days) Plan drafted (120 days) Plan finalized (160 days) # milestones achieved (reported monthly)
(d) Report performance information	100%	Activities and services metrics reported (10 th of each month, 10 th following each quarter unless otherwise prescribed)
(e) Report fiscal information	100%	Fiscal performance reported (10th of each month)
(f) Participate in TTA	75%	# monthly calls attended # TTA sessions attended (quarterly or as prescribed)
Task 2. Needs Assessment		
(a) Conduct focus groups, key informant interviews, and/or surveys, per work plan	90%	# focus groups, interviews, or surveys held
(b) Submit comprehensive written report	100%	Needs assessment finalized (90 days)

Performance Measures	Standards	Metrics
Task 3. Workforce Development		
(a) Hire program staff (and managers, as needed.)	100% staffed	# FTE hired (90 days) # staff hired # management FTE hired
(b) Provide onboarding training	90%	# employees completing training in Mental Health First Aid, Motivational Interviewing, domestic violence, home visiting, and trauma-informed care within 90 days of hire
(c) Support peer support worker credentialing	75%	# peer support workers credentialed as CRSS or CPRS within 1 year of hire
(d) Support doula credentialing	100%	# of doulas credentialed before providing services
Task 4. Engage Participants in Medical and Behavioral Health Care		
(a) Primary medical care, including referral for prenatal care and childcare while receiving services	80%	# of eligible participants attending at least one appointment
(b) Primary pediatric care, including immunizations, for participants' children.	80%	# of eligible participants attending at least one appointment # of eligible participants receiving counseling regarding NOWS
(c) Gender-specific substance use treatment and other therapeutic interventions, and childcare while receiving services.	80%	# of eligible participants receiving care # of eligible participants receiving gender-specific SUD treatment
(d) Therapeutic interventions for children of participants in treatment.	80%	# of children of eligible participants receiving care
(e) Sufficient case management and transportation to support access to above services.	80%	# of eligible participants receiving case management # of eligible participants receiving transportation assistance
Task 4-O (Optional). Deliver Medical and Behavioral Health Care Services		
(a) Engage participants in prenatal and other medical care	80% (based on work plan)	# of eligible participants attending at least one appointment
(b) Engage participants in pediatric care, including immunizations	80%	# of eligible participants attending at least one appointment

Performance Measures	Standards	Metrics
		# of eligible participants receiving counseling regarding NOWS
(c) Engage participants in evidence-based and/or gender-specific SUD treatment	80%	# of eligible participants receiving care # of eligible participants receiving gender-specific SUD treatment
(d) Engage participants in therapeutic interventions for children	80%	# of children of eligible participants receiving care
(e) Provide case management and transportation to support engagement in above	80%	# of eligible participants receiving case management # of eligible participants receiving transportation assistance
Task 5. Provide or Link to Supportive Services		
(a) Provide/link to case management to assist with public assistance programs	80%	# of eligible participants receiving benefits case management # of eligible participants receiving Medicaid # of eligible participants receiving SNAP benefits
(b) Provide/link to employment and training programs	80%	# of eligible participants attending at least one activity # of eligible participants with paid employment
(c) Provide/link to education and special education programs	80%	# of children engaged in educational supports
(d) Provide/link to housing for pregnant persons and their children	80%	# of eligible participants with stable housing # of eligible participants receiving housing assistance
Task 6. Learning Collaborative		
(a) Participate in learning collaborative meetings	75%	# learning collaborative meetings attended